Ridge Boys Spring Track & Field 2023

COACHES

CAPTAINS

Coach Gilhuley
Coach Braga
Coach Robyn
Coach Greene
Coach Skrinski

Coach O'Connor
Coach Lyons
Coach Youtkus
Coach Conroy
Coach Phillips

Patrick Doran Connor McMahon Jon Wey Chris Kirkwood

Spring Team Honors:
Skyland Conference Champions
Somerset County Champions
2nd Place Somerset County Relays
4x800 Meet of Champions Medalist



Year Accomplishments:

Cross Country

- **★** Somerset County Champions
- ★ Skyland Conference Champions
- **★** 2nd Place State Sectional
- **★** Meet of Champions Medalist- 5th Place

Winter Track:

- **★** Somerset County Champions
- ★ 2nd Place Skyland Conference
- **★** 2nd Place State Sectional
- ★ 4x800 Meet of Champions Medalist

Spring Track:

- **★** Somerset County Champions
- ★ Skyland Conference Champions
- **★** 2nd Place Somerset County Relays
- ★ 4x800 Meet of Champions Medalist

Spring Individual Honors:

Somerset County Scholar-Athlete:

Skyland Conference Scholar-Athlete:

Jon Wey

Patrick Doran

Meet of Champions Medalists:

3200: Brenden McMahon 4x800: Dev Patel, Matthew Fukushima, Edward Condolon, Patrick Doran

CHAMPIONS

1600 Somerset County Champion-Brenden McMahon 3200 Somerset County Champion-Brenden McMahon 4x400- Somerset County Champion-Kovatch, J Dachnowicz, Condolon, Doran 1600 Skyland Conference Champion-Brenden McMahon 3200 Skyland Conference Champion-Brenden McMahon 4x400- Somerset County Champion-Kovatch, Mays, Kandra, Condolon

All Skyland Conference

1st Team

- Edward Condolon 400
- Brenden McMahon 1600
- Brenden McMahon 3200
- 4x400: Leo Kovatch, Tarun Kandra, Joseph Dachnowicz, Edward Condolon

Honorable Mention

Patrick Doran

2nd Team

- Dev Patel 1600
- Owen Mays 110 Hurdles
- Lok Hariharan Shot Put



Top 10 Ridge Performers of All Time

• 1600 Meter Run: Brenden McMahon 4:17.08

• 3200 Meter Run: Brenden McMahon 9:08.43

• 3200 Meter Run: Dev Patel 9:31.64

• 110 Meter Hurdles: Owen Mays 15.42

• 400 Meter Hurdles: Owen Mays 55.91

• Long Jump: Jared Rascio 20-9.5

• Triple Jump: Jared Rascio 43-6.25

• Triple Jump: Owen Mays 40-3

• Shot Put: Lok Hariharan 54-01.5

• Pole Vault: Chris Kirkwood 13-0





Top 5 Ridge Relay of All Time:

Distance Medley Relay: 10:23.49

Dev Patel, Edward Condolon

Patrick Doran, Brenden McMahon

Sophomore School Records:

• 1600 Meter Run: Brenden McMahon 4:17.08

• 3200 Meter Run: Brenden McMahon 9:08.43

• Long Jump: Jared Rascio 20-9.5

• Triple Jump: Jared Rascio 43-6.25

• Javelin: Chase Fritz 142-5

• 4x400: 3:34.83

Marcus Reilly, Jason Wiatroski Chase Fritz, Joseph Dachnowicz



Athletes of the Month

September: Connor McMahon

Connor has significantly improved in the month of September solidifying his spot in the top 5 of the team. Connor came close to his track personal best in our first meet at Cherokee. He ran 10:18 in a 2-mile race earning a medal and placing 4th on the team. In our second race, he ran 16:06 improving on his best 5k performance by over 45 seconds and finishing 3rd on the team. He helped the team move up their state ranking to 5th based on their performance at the Battle at Ocean County Park. Connor has been a great leader and sets a great example for

other athletes. Look forward to what he can do the rest of the season.



October- Patrick Doran -

Patrick's first race in October was at the Shore Coaches Invitational. He placed 3rd running one of the 10th fastest times ever by a Ridge athlete! Next up was his performance at the Skyland Conference Championship. Patrick won in the fastest time ever run by a Ridge athlete! He followed up the next week by winning the Somerset County Championship. He has been a tremendous leader this year and put in the work this summer to be one of the top athletes on the team.



<u>December:</u> Robbie Koenig and **Joseph Dachnowicz** - both Robbie

and J Dac have started the season strong. After doing Cross Country Robbie has used his new strength to be one of the best throwers on the team. He set a personal best in the first meet of the season almost breaking 40' in the shot put. J Dac has stood out as one of the top sophomores of the team and a contributing varsity member for the first time. What truly sets both of these athletes apart is the dedication and hard work they have demonstrated throughout the month of December. Both do the little things that go above and beyond just to make sure they are at their best. It is

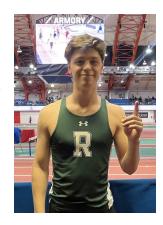
obvious every day how hard these two work and are a model for all athletes.



January: Patrick McCaffrey -

Patrick has been a big addition to the Track and Field team this winter. He helped the team win the Somerset County Relay Championship at the start of January by winning the 4x200, SMR, and HJ relays. His performance on the SMR earned a school record. Patrick has placed on the Ridge Top 10 All-Time lists in multiple events throughout January. He is on the top 10 list for the 55, 200, high

jump, and long jump. I am excited to see how else he can contribute during the state season.



February: Brenden McMahon

Brenden has been one of the highest-scoring members of the Track and Field team in February. Brenden placed 3rd in the State Sectional Championship in the 1600 and 2nd in the 3200-meter run. At the Group State Championship, he placed 3rd in the 3200 receiving an automatic bid for the NJ Meet of Champions. He moved up to the second-fastest Ridge athlete to ever run the 3200. Every race he continues to improve. He is one of the best sophomores in the State of NJ and I am excited to

see what he can do at Nationals!



April: Jared Rascio

Jared has shown significant improvement in jumping this spring. He has already improved on his winter personal best in the long jump. In addition, he has picked up the triple jump and has made the all-time Ridge list in the event. Jared placed 4th overall in the long jump and 3rd overall in the triple jump at the County relay meet. His dedication to improving in jumping has made him stand out on the team and we can't wait to see what he can do in the Championship season.



May: Brenden McMahon

Brenden had many big performances in the month of May. He won the Somerset County Championship in the 1600 and the 3200. He repeated his double win at the Skyland Conference Championship. This was a key reason the team was able to win their 3rd County Championship and 1st ever Skyland Conference Championship. Brenden currently has the sophomore school record in both events. He has set himself apart as not only a really great sophomore but also one of the best athletes in the State. We are excited to see his performances in the State Meets.



Spring Dedicated Devs!

- **★** Week 1: Marcus Reilly **★**
 - **★** Week 2: Chase Fritz **★**
 - **★** Week 3: Nick Elissa **★**
- **★** Week 4: Jared Rascio **★**
- **★** Week 5: Edward Condolon **★**
- **★** Week 6: Brenden McMahon **★**
- **★** Week7: Andrew Dachnowicz **★**
 - **★** Week 8: Leo Kovatch ★
 - **★** Week 9: Jason Wiatroski **★**
 - **★** Week 10: Dev Patel **★**





Boys Sp	ring Track &	Field Records	CG .
Event	Name	Time/Distance	Year
100 Meter Dash	Andrew Pratt	10.8	2000
		11.08	2000
200 Meter Dash	Dan Carter	22.55	2002
400 Meter Dash	Luke Roberts	48.56	2021
800 Meter Run	James Kisker	1:51.51	2022
1600 Meter Run	Jackson Barna	4:05.57 c	2022
One Mile Run	Jackson Barna	4:07.00	2022
3200 Meter Run	Jackson Barna	8:52.00	2021
Two Mile Run	Stu Penn	9:24.5	1973
3000 Meter Steeple Chase	Anthony Bellitti	9:56.25	2010
5000 Meter Run	Jackson Barna	14:35.76	2020/2021
110 Meter High Hurdles	Jesper Lorentzen	14.4	1991
400 Meter Int. Hurdles	Luke Roberts	52.86	2021
300 Meter Int. Hurdles	Owen Mays	41.65	2022
High Jump	Drew Gibbons	6'4"	1996
Long Jump	Jason Jan	21' 9"	2008
Triple Jump	Tim Youtkus	44' 7.5"	2017
Pole Vault	Nick Giannone	15'0"	2014
Shot Put	John Langhauser	55' 7.5"	2003
Discus	Patrick Dougherty	164' 9"	1999
Javelin * prior to 2002 rule change*	Conrad Reynolds	216' 3"	1988
Javelin	Will Lauricella	193'8"	2010
Decathlon	Tim Youtkus	5856 Pts.	2017
Pentathlon	John Bligh	2715 pts	2015

Boys	Spring Track & Fig	eld Records	CO CO
400 Meter Relay	Tyler Jurewicz Brian Collins Conor Collins	44.05	2013
	Connor Marano		
800 Meter Relay	Ryan Hargy Christian Allora	1:31.67	2021
	James Kisker Luke Roberts		
1600 Meter Relay	Alex Sargen	3:20.17	2019
	Curtis Lyons Ryan Lindrud Luke Roberts		
3200 Meter Relay	Patrick Doran	7:32.79	2022
·	Andrew McCabe Jackson Barna James Kisker		
6400 Meter Relay	Marshall Boles Ryan O'Keefe Mitch Lawson	18:17.52	2014
	Andrew McGowan		
4 x Mile	Will Pinto James Glockenmeier Sam Lewis Jackson Barna	18:03.51	2019
4 x 1600 (no batons)	Jackson Barna James Glockenmeier Sam Lewis Chris Strain	18:15.67	2019
800 Sprint Medley	Cameron Lloyd Eshan Doshi Curtis Lyons Brett Asay	1:37.57	2018
Sprint Medley	Eshan Doshi Curtis Lyons Dan Devine Brett Asay	3:32.15	2018
Distance Medley	Andrew McCabe Patrick Doran James Kisker Jackson Barna	9:56.63	2022

Boys	Spring Track 8	k Field Records	F
3x400 Hurdle Relay	Matt Nafie Neil Franzese Peter Phillips	2:51.33	2009
Shuttle Hurdles Relay	Evan Woo Andrew Hargy Joey Gilligan Owen Mays	1:05.08	2022
Javelin Relay (3 man)	Brett Albee Joe Brady Ben Cambria	431-05	2016
Discus Relay (3 man)	Ben Cambria Sam Khasnavis Reed Handabaka	402-05	2017
Shot Put Relay (3 man)	Mark McDonough Dave Rusek Patrick Dougherty	139-11.50	1998
Long Jump Relay (2 man)	Luke Roberts Harry Hagerman	41-06.75	2021
Triple Jump Relay (2 man)	Tim Youtkus Ken Chwatek	86-07.5	2017
Pole Vault Relay (2 man)	Alex Petric Kevin Korn	25-0	2019
	Ryan Stoddard Luke Fabiunke	25-0	1994
High Jump Relay (2 man)	Eric Stoddard Mike Hartman	12-4	1992

F	Ridge Te	eam Records		F				
Mou	ntain Valley Conference	Somerset Cou	nty Relay Ch	nampionship)			
1993 1996	1998 2000 2001 2002 2003	2017 2019	2021	2022				
Skyland C	onference Relay Champions	Skyland Confere		-	ns			
2022		201	19	2021				
Skylan	Skyland Conference Champions Somerset County Champions							
2023	·	2009	2021	2023				
State	e Sectional Champions	State G	Froup Champ	oions				
2021								
	A.U. A	-						
	All-A	mericans						
4x800	Patrick Doran, Andrew McCabe,		(isker	7:32.79	2022			
		2nd Place						
DMR	Andrew McCabe, Patrick Doran,		Barna	9:56.63	2022			
5.45	1st Place Nation	•		10.00.10	0004			
DMR	Will Pinto, Luke Roberts, Andr		rna	10:02.46	2021			
4x800	2nd P Will Pinto, James Kisker, Jac		to	7:39.06	2021			
4x600		lational Champions	15	7.39.00	2021			
4x800	Alex Sargen, Luke Roberts	•		7:38.48	2019			
1,000	<u>-</u>	lational Champions		7.00.10	2010			
	Ridge Boys	State Champi	ons					
3200	Jackson	_		8:52.00	2021			
4x800	Andrew McCabe, James Kisk	er, Will Pinto, Luke Robe	rts	7:50.44	2021			
4x800	Alex Sargen, Luke Roberts	, Will Pinto, Ryan Lindrud		7:44.46	2019			
4x800	Brett Asay, Ryan Orr, Patricl	k Bayeux, William Phinne	у	7:50.20	2017			
	Penn Relays To	op American ⁻	Teams					
4x800	Andrew McCabe, James Kisker,	Patrick Doran, Jackson E	Barna	7:41.59	2022			
Ridge Boys Group Champions								
800m Run	James Kiske	r	1:51.51	2022	Group 4			
400H	Luke Roberts 53.88			2021	Group 4			
4x800	Andrew McCabe, Hudson Yu, Wil	l Pinto, James Kisker	7:54.52	2021	Group 4			
4x800	Alex Sargen, Will Pinto, Sam Lewis, Luke Roberts 7:56.66				Group 4			
800m Run	Ricky Gibsor	1	1:59.5	1998	Group 2			
1600m Run	Ricky Gibsor	1	4:20.45	1997	Group 2			
Pole Vault	Ryan Stoddar	⁻ d	13-0	1994	Group 2			
Javelin	Conrad Reynolds 216'3" 1988 Group 2							

(G	Freshman Records		
EVENT	NAME	TIME/DIST/HGT	YEAR
100 Meter Dash	Cameron Lloyd	11.53	2017
200 Meter Dash	Cameron Lloyd	23.26	2017
400 Meter Dash	James Kisker	52.69	2019
800 Meter Run	Will Pinto	1:59.87	2018
1600 Meter Run	Jackson Barna	4:22.21	2019
One Mile Run	Brenden McMahon	4:27.50	2022
3200 Meter Run	Jackson Barna	9:31.03	2019
110 Meter High Hurdles	Owen Mays	17.35	2021
400 Meter Int. Hurdles	Luke Roberts	59.63	2018
High Jump	Harry Hagerman	5'8"	2019
	Arron Linton	5'8"	2006
Long Jump	Jonathan Chang	19-6	2012
Triple Jump	Luke Roberts	41-6.75	2018
Pole Vault	Will Phinney	12-6	2014
	Todd Tumolo	12-6	2000
Shot Put	Mark Brazinski	44-00	2006
Javelin	Decio Gaeta	128-08	2007
Discus	John Langhauser	121-11	2000
4x400	Carson Giust	3:40.48	2019
	Harry Hagerman		
	Andrew McCabe		
	Alex Sakele		

G	Sophomore Record	s Ç	
EVENT	NAME	TIME/DIST/HGT	YEAR
100 Meter Dash	Tyler Jurewicz	11.65	2012
200 Meter Dash	Cameron Lloyd	22.92	2018
400 Meter Dash	Luke Roberts	49.77	2019
800 Meter Run	Will Pinto	1:57.44	2019
1600 Meter Run	Brenden McMahon	4:17.08	2023
3200 Meter Run	Brenden McMahon	9:08.43	2023
110 Meter High Hurdles	Owen Mays	15.53	2022
400 Meter Int. Hurdles	Owen Mays	57.71	2022
High Jump	Drew Knapp	5'8"	2009
Long Jump	Jared Rascio	20-9.5	2023
Triple Jump	Jared Rascio	43-6.25	2023
Pole Vault	Alex Petric	13-0	2018
Shot Put	Christian Marchitto	39-11.25	2019
Javelin	Chase Fritz	142-5	2023
Discus	Ben Cambria	126-10	2015
4x400	Marcus Reilly	3:34.83	2023
	Jason Wiatroski		
	Chase Fritz		
	Joseph Dachnowicz		

	Spring Track Meet of Champions Medalist								
2023	Brenden McMahon	3200	9:17.24	3rd Place					
2023	Dev Patel, Matthew Fukushima, Edward Condolon, Patrick Doran	4x800	7:52.83	3rd Place					
2021	Jackson Barna	3200	8:52.00	1st Place					
2021	Andrew McCabe, James Kisker, Will Pinto, Luke Roberts	4x800	7:50.44	1st Place					
2021	James Kisker	800	1:52.20	2nd Place					
2021	Luke Roberts	400H	52.86	2nd Place					
2019	Alex Sargen, Luke Roberts, Will Pinto, Ryan Lindrud	4x800	7:44.46	1st Place					
2019	Ryan Lindrud	1600m Run	4:15.31	7th Place					
2017	Brett Asay, Ryan Orr, Patrick Bayeux, William Phinney	4x800	7:50.2	1st Place					
2016	William Phinney	800	1:54.21	5th Place					
2016	Andrew Daly, Ryan Orr, Patrick Bayeux, William Phinney	4x800	7:49.53	6th Place					
2014	Nick Giannone	Pole Vault	15'0	4th Place					
2010	Will Lauricella	Javelin	180-09	8th Place					
2003	John Langhauser	Shot Put	54-05.00	7th Place					
1999	Pat Dougherty	Discus	161'00.00"	3rd Place					
1998	Ricky Gibson	800m Run	1:56.32	4th Place					
1997	Ricky Gibson	1600m Run	4:17.33	6th Place					
1996	Luke Fabiunke	Pole Vault	13'6"	3rd Place					
1988	Conrad Reynolds	Javelin	201'7"	4th Place					

Meet of Champions Medal Count Winter and Spring Track

Luke Roberts: 1st, 1st, 2nd, 6th, 8th, 2nd, 1st

Alex Sargen: 5th, 1st, 1st, 2nd, 8th

Ryan Lindrud: 5th, 1st, 7th, 1st Will Phinney: 5th, 6th, 6th, 1st Will Pinto: 1st, 1st, 2nd, 1st James Kisker: 2nd, 8th, 2nd, 1st

Ricky Gibson: 6th, 6th, 2nd, 4th

Brett Asay: 5th, 1st, 5th Patrick Bayeux: 6th, 5th, 1st

Ryan Orr: 6th, 5th, 1st

John Langhauser: 1st, 7th

Jackson Barna: 1st, 2nd

Patrick Doran: 3rd, 3rd

Nick Giannone: 6th, 4th

Andrew McCabe: 1st, 5th

Matthew Fukushima: 3rd, 3rd

Jake Vicente: 8th

Luke Fabiunke: 3rd

Amil Khattar: 5th

Tommy Martinson: 5th

Andrew Daly: 6th

Conrad Reynolds: 4th

Jon Wey: 3rd

Dev Patel: 3rd

Pat Dougherty: 3rd

Mill Lauricella: 8th

Tarun Kandra: 3rd

Edward Condolon: 3rd

Brenden McMahon: 3rd



Meet of Champions Medal Count All Seasons



Jackson Barna: 7th, 6th, 3rd**, 2nd**, 1st, 2nd, 4th, 2nd

Luke Roberts: 1st, 1st, 2nd, 6th, 8th, 2nd, 1st

Will Pinto 1st, 1st, 6th, 2nd, 7th, 2nd**, 1st

James Kisker: 6th, 2nd, 8th, 2nd**, 2nd, 1st, 4th

Alex Sargen: 5th, 1st, 1st, 2nd, 8th

Ryan Lindrud: 5th, 1st, 7th, 1st

Will Phinney: 5th, 6th, 6th, 1st

Ricky Gibson: 6th, 6th, 2nd, 4th

Andrew McCabe: 2nd**, 1st, 4th, 5th

Patrick Doran 4th, 5th, 3rd, 3rd

Matthew Fukushima: 4th, 5th, 3rd, 3rd

Tyler Gibbons: 6th, 4th, 6th

Patrick Bayeux: 6th, 5th, 1st

Ryan Orr: 6th, 5th, 1st

Brett Asay: 5th, 1st, 5th

John Langhauser: 1st, 7th

Nick Giannone: 6th, 4th

Jake Dobrowolski: 6th, 2nd**

Jake Vicente: 6th, 8th

Jon Wey: 5th, 3rd

Hudson Yu: 2nd**, 4th

Brenden McMahon: 5th, 3rd

Dev Patel: 5th, 3rd

Timmy Kolshorn: 2nd**

Edward Condolon: 3rd

Mitya Cole 5th

Pat Dougherty: 3rd

Amil Khattar: 5th

Andrew Daly: 6th

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Conrad Reynolds: 4th

Anshul Gupta: 4th

Ian McArtney: 4th

Matt Worstell: 4th

Tarun Kandra: 3rd

Sam Lewis: 6th

Evan Roelke: 6th

John Bayeux: 6th

Luke Fabiunke: 3rd

Connor McMahon 5th

Tommy Martinson: 5th

Will Lauricella: 8th

Alex Brenner: 4th

Mike Tornello: 4th

Bobby Huynh: 4th

Anthony Bellitti: 4th

Chris Strain: 6th

Jim Stamateris: 6th

Anthony Clerici 4th

Alex Huynh: 6th

Kenny Sun: 6th

Andrew Yarosh: 6th

4		Kidge	Boys Top 10 Perform	nances	OT All		Q	
100m			200m			400m		
Andrew Pratt	11.08	2000	Dan Carter	22.55	2001	Luke Roberts	48.56	2
Mike Henn	11.2h	1996	Luke Roberts	22.56	2021	Dan Devine	49.96	2
Conor Collins	11.28	2014	Conor Collins	22.74	2014	Danny Phillips	50.11	2
Jason Jan	11.28	2008 2014	Andrew Pratt	22.7h	1999	Dan Carter	50.3h	2
Tyler Jurewicz	11.31		Cameron Lloyd	22.92	2018	Ryan Orr	50.44	:
Will Vogt Dan Carter	11.34 11.50	2015 2001	Tyler Jurewicz Will Vogt	23.04 22.9h	2013 2015	Brad Lyons Dave Wynn	50.47 50.7h	
Paul Marciano	11.50	1997	Jesper Lorentzen	22.9h	1991	Ricky Gibson	50.7h	
Cameron Lloyd	11.53	2017	Pete Moroni	23.31	2003	Tyler Jurewicz	50.71	
Rohan Yelvigi	11.55 11.5h	2017	Nick del Vecchio	23.44	2012	•	50.93	
800m	11.311	2001	1600m	23.44	2012	Alex Sargen 3200m	30.93	
James Kisker	1:51.51	2022	Jackson Barna	4:05.5c	2022	Jackson Barna	8:52.00	
Ryan Lindrud	1:51.81	2019	Andrew McCabe	4:11.78	2022	Brenden McMahon	9:08.43	
Jackson Barna	1:53.22	2022	Ryan Lindrud	4:12.95	2019	Ryan Lindrud	9:21.23	
William Phinney	1:53.89	2017	Andrew McGowan	4:14.76	2014	Evan Roelke	9:26.33	
Andrew McCabe	1:54.28	2022	Evan Roelke	4:15.61	2011	Anthony Bellitti	9:28.95	
Luke Roberts	1:54.30	2021	Brenden McMahon	4:17.08	2023	Andrew McGowan	9:29.61	
Ricky Gibson	1:54.4h	1998	Tyler Gibbons	4:17.19	2012	Andrew McCabe	9:30.34	
Will Pinto	1:55.86	2021	Ricky Gibson	4:17.33	1998	Tyler Gibbons	9:30.48	
Patrick Doran	1:56.12	2022	Will Pinto	4:18.38	2021	Gerard Ganey	9:31.1	
Evan Roelke	1:56.87	2011	James Kisker	4:19.12	2022	Dev Patel	9:31.64	
110mH			400mH			Long Jump		
Jesper Lorentzen	14.4	1991	Luke Roberts	52.86	2021	Jason Jan	21-9	
Darren DeAngelis	14.78	2002	David Wynn	54.88	1995	Luke Roberts	21-7.75	
David Wynn	14.89	1996	Dan Kinsley	54.94	1989	Kurt Schoenberg	21-7.5	
Curtis Lyons	15.22	2019	Curtis Lyons	55.19	2018	Harry Hagerman	21-0.75	
Tim Youtkus	15.31	2017	Darren DeAngelis	55.5h	2002	Jesper Lorentzen	21-0	
Peter Phillips	15.32	2009	Matt Nafie	55.55	2009	Tim Youtkus	20-10	
Owen Mays	15.42	2023	Jason Jan	55.67	2007	Ryan Stoddard	20-9.75	
Ken Chwatek	16.16	2017	Peter Phillips	55.84	2009	Jared Rascio	20-9.5	
Jason Ginsberg	16.44	2004	Owen Mays	55.91	2023	John Linton	20-9.25	
Joey Gilligan	16.47	2021	Mike Jones	56.74	2007	Connor Collins	20-8.5	
Triple Jump			Discus			Shot Put		
Tim Youtkus	44-7.5	2017	Pat Dougherty	163-6	1998	John Langhauser	55-7.5	
Andrew Claps	43-9.75	2014	Alan Brown	161-3	1968	Lok Hariharan	54-01.5	
Jared Rascio	43-6.25	2023	John Langhauser	160-10	2002	Ralph Lufkin	53-5.5	
Ken Chwatek	42-6.5	2017	Ben Cambria	149-4	2016	Brian Brazinski	53-10.25	
Luke Roberts	42-5	2021	Ralph Lufkin	146-11	2001	John Berger	52-8	
Conor Collins	40-8	2012, 2013	Sam Khashnavis	144-4	2017	Mark McDonough	52-0.25	
Eshan Doshi	40-7	2018	Jeff Holmes	139-10	1994	Pat Dougherty	49-6	
Christian Allora	40-4	2021	Scott Hudson	139-1	1996	Jeff Holmes	49-0	
Owen Mays	40-3	2023	Eric Stoddard	135-3	1992	Joe Brady	47-4	
Alex Claps	40-0	2016	Brian Dethlefsen	134-8	2010	Tim Livingston	46-9.5	
Pole Vault			Javelin			High Jump		
Nick Giannone	15'0	2014	Will Lauricella	193-8	2010	Drew Gibbons	6'4	
Jamie Stanley	14'4	2004	Brett Albee	164-2	2016	Cy Hardy	6'3	
Mike Hartman	14'0	1992	Ben Cambria	162-1	2017	Jim Schoenberg	6'3	
Luke Fabiunke	14'0	1995	Chris Giannone	160-02	2008	Alex Edwards	6'3	
Alex Petric	14'0	2019	Jason Steinberg	157-8	2017	Hamza Ahmed	6'2	
Bill Jerrow	13'8.5"	1972	Joe Brady	157-6	2015	Tim Youtkus	6'2	
Ryan Hellings	13'6	2009	Decio Gaeta	156-7	2010	Jon Linton	6'2	
Todd Tumolo	13'0	2002	Tim Livingston	153-4	2012	Brad Lyons	6'0	
Ryan Stoddard	13'0	1994	Dave Singer	151-7	2014	John Bligh	6'0	
Chris Kirkwood	13'0	2023	Michael Furst	151-3	2013	Scott Hudson	6'0	
			Prior to the 2002 Rule Change			Ryan Stoddard	6'0	
			Conrad Reynolds	216-3	1988	Eric Stoddard	6'0	
			•			Harry Hagerman	6'0	

Vá.			Top 10 Relay Per	formance	es		,	Q	
4x100			4x200	4x400					
Jurewicz, Marano, B.Collins, C.Collins	44.05	2013	R Hargy, Allora, Kisker, Roberts	1:31.67	2021	Sargen, Lyons,	Lindrud, Roberts	3:20.17	2019
Jurewicz, Marano, B.Collins, C.Collins	44.10	2013	Phillips, Collins, Giannone, Claps	1:31.70	2014	Phillips, Schrae	er, Claps, C Collins	3:21.84	2014
Jurewicz, Phillips, Giannone, C.Collins	44.53	2014	A Hargy, R Hargy, Condolon, Kisker	1:32.79	2022	Allora, Kisker, F	Pinto, Roberts	3:22.58	2021
Dobkin, Malik, A Hargy, R Hargy	44.69	2022	Jurewicz, Giannone, Claps, C. Collins	1:32.89	2014	Devine, Khattai	r, Sargen, Asay	3:22.62	2018
Ahmed, Jurewicz, Phillips, Giannone	44.96	2014	Formisano, Mitchell, DeAngelis, Carter	1:33.5	2002	Devine, Khattaı	r, Lyons, Asay	3:22.98	2018
DeAngelis, Formisano, Mitchell, Carter	45.00	2002	Hodges, Asay, Lyons, Lloyd	1:33.53	2018	Sargen, Robert	s, Pinto, Lindrud	3:23.29	2019
Haviland, Lyons, Doshi, Kisker	45.04	2019	Haviland, Hodges, Doshi, Korn	1:34.43	2018	Devine, Khattai	r, Lyons, Asay	3:23.71	2018
Jurewicz, Marano, B.Collins, C.Collins	45.11	2013	Asay, Faheem, Lloyd, Lyons	1:34.83	2017	Allora, Kisker, E	Bijukovic, Roberts	3:23.87	2021
Dobkin, Malik, A Hargy, R Hargy	45.23	2022	Randolph Relays	1:34.94	2016	Asay, Orr, Lloyd	d, Phinney	3:23.88	2017
R Hargy, A Hargy, Sakele, Hagerman	45.30	2021	Dobkin, Arni, Condolon, A Hargy	1:35.83	2022	Asay, Devine, C	Orr, Phinney	3:23.88	2017
Faheem, Lloyd, Conroy, Lyons	45.40	2017							
4x800			Distance Medley Re	elay			Sprint Medley Relay		
Doran, McCabe, Barna, Kisker	7:32.79	2022	McCabe, Doran, Kisker, Barna	9:56.63	2022	Lyons, Doshi, D	Devine, Asay	3:32.15	2018
Sargen, Roberts, Pinto, Lindrud	7:38.48	2019	Pinto, Roberts, McCabe, Barna	10:02.46	2021	Asay, Cho, Orr,	Phinney	3:32.26	2016
Pinto, Kisker, Barna, Roberts	7:39.06	2021	Pinto, Roberts, Kisker, Barna	10:12.77	2021	Phillips, Collins	, Schraer, McGowan	3:34.79	2014
McCabe, Kisker, Doran, Barna	7:41.59	2022	Pinto, Roberts, Sargen, Lindrud	10:22.60	2019	Dobkin, Condol	lon, Kisker, McCabe	3:35.24	2022
Sargen, Roberts, Pinto, Lindrud	7:44.46	2019	Patel, Condolon, Doran, McMahon	10:23.49	2023	Lyons, Lloyd, D	evine, Asay	3:36.03	2018
Asay, Orr, Bayeux, Phinney	7:47.63		Phinney, Asay, Orr, Bayeux	10:27.86	2017	R Hargy, Allora	, Kisker, Pinto	3:36.60	2021
Barna, Kisker, Pinto, Roberts	7:49.25	2021	Bayeux, Orr, Phinney, Daly	10:28.38	2016	Haviland, Lyons	s, Roberts, Pinto	3:37.30	2019
Daly, Orr, Bayeux, Phinney	7:49.53	2016	Daly, Phillips, Schraer, McGowan	10:30.78	2015	Collins, Jurewic	z, Phillips, Schraer	3:38.13	2014
Doran, Kandra, Yu, Kisker	7:50.12	2022	Bayeux, Asay, Orr, Daly	10:33.76	2016	Asay, Khattar, 0	Orr, Asay	3:38.82	2016
Asay, Orr, Bayeux, Phinney	7:50.20	2017	Bayeux, Khattar, Asay, Lindrud	10:34.15	2018	A Dachnowicz	, Elissa, Kirkwood, Kandra	3:40.43	2023
Asay, Orr, Bayeux, Phinney	7:50.50	2017							
Kandra, Yu, Barna, Kisker	7:52.01	2022							
Patel, Fukushima, Condolon, Doran	7:52.83	2023							
Pinto, Roberts, Sargen, Lindrud	7:54.12	2019							
McCabe, Yu, Kisker, Pinto	7:54.52	2021							
Sargen, Pinto, Lewis, Roberts	7:56.66	2019							
			Notable Relay S	plits					
400m Splits			800m \$	Splits			1600m S	olits	
Luke Roberts	47.82*	2021	James Kisker	1:50.04*	2022	*Autosplit	Jackson Barna	4:08.71*	2022
Brad Lyons	48.8	2012	Ryan Lindrud	1:50.76*	2019	*Autosplit	Ryan Lindrud	4:16.9	2019
James Kisker	49.10*	2022	Jackson Barna	1:51.63*	2022	*Autosplit	Brenden McMahon	4:19.06*	2023
Dan Devine	49.1	2018	William Phinney	1:52.89*	2017	*Autosplit	Andrew McGowan	4:24.6	2015
Conor Collins	49.4	2014	Will Pinto	1:53.32*	2019	*Autosplit	Will Pinto	4:25.17*	2018
Ryan Lindrud	49.5	2019	Luke Roberts	1:54.01*	2021	*Autosplit	Andrew Daly	4:26.2	2016
1200m Splits			Andrew McCabe	1:54.08*	2022	*Autosplit	James Glockenmeier	4:27.37*	2018
Andrew McCabe	3:06.58*	2022	Patrick Bayeux	1:56.18*	2017		Patrick Bayeux	4:29.2	2017
Will Pinto	3:08.73*	2021		1:56.29*		*Autosplit	·		
Will Phinney	3:07.5	2017	-	1:56.2	2017				
Patrick Bayeux	3:11.32*	2016	•	1:56.32*	2023	*Autosplit			
Hudson Yu	3:11.94*	2022							

C	Ridge Boys Somers	set Count	ty Char	npions	C
1600	Brenden McMahon	4:22.92	2023	Somerset County	Cham
3200	Brenden McMahon	9:43.74	2023	Somerset County	Cham
4x400	Kovatch, J Dachnowicz, Condolon, Doran	3:29.69	2023	Somerset County	Cham
1600	Brenden McMahon	4:30.52	2022	Somerset County	Cham
800	Jackson Barna	1:53.22	2022	Somerset County	Cham
4x400	A Hargy, Condolon, Kandra, Kisker	3:27.40	2022	Somerset County	Cham
1600	Jackson Barna	4:17.39	2021	Somerset County	Cham
400	Luke Roberts	49.84	2021	Somerset County	
3200	Jackson Barna	9:07.16	2021	Somerset County	
400mH	Luke Roberts	56.8	2021	Somerset County	
Long Jump	Harry Hagerman	21-00.75	2021	Somerset County	
4x400	Allora, Kisker, Pinto, Roberts	3:25.40	2021	Somerset County	
400mH		56.64	2021		
	Curtis Lyons			Somerset County	
1600m Run	Ryan Lindrud	4:16.23	2019	Somerset County	
3200m Run	Ryan Lindrud	9:21.23	2019	Somerset County	
800m Run	Will Pinto	1:59.54	2019	Somerset County	Cham
4x400	Lyons, Pinto, Kisker, Roberts	3:27.37	2019	Somerset County	Cham
400mH	Curtis Lyons	55.43	2018	Somerset County	Cham
Discus	Ben Cambria	144-05.00	2016	Somerset County	Cham
High Jump	John Bligh	5' 10"	2015	Somerset County	Cham
4x400	Philips, Cho, Arrigan, Schraer	3:27.16	2015	Somerset County	Cham
Pole Vault	Nick Giannone	14'0"	2014	Somerset County	Cham
3200m Run	Andrew McGowan	9:30.21	2014	Somerset County	
1600m Run	Andrew McGowan	4:18.87	2014	Somerset County	Cham
200m Dash	Conor Collins	22.96	2014	Somerset County	
100m Dash	Tyler Jurewicz	11.33	2014	Somerset County	
3200m Run	Tyler Gibbons	9:35.12	2012	Somerset County	
Javelin	Will Lauricella	181-07	2012	Somerset County	
110mH			2010		
	Peter Philips	15.45		Somerset County	
Javelin	Will Lauricella	161-09	2009	Somerset County	
400mH	Jason Jan	55.71	2008	Somerset County	
Pole Vault	Jamie Stanley	14-0	2004	Somerset County	
3200m Run	Gerald Ganey	9:31.1	2003	Somerset County	
Shot Put	John Langhauser	55-7.5	2003	Somerset County	
Discus	John Langhauser	155-4	2003	Somerset County	Cham
Pole Vault	Jamie Stanley	13-6	2003	Somerset County	Cham
Discus	John Langhauser	159-1	2002	Somerset County	Cham
Pole Vault	Jamie Stanley	13-0	2002	Somerset County	Cham
Pole Vault	Todd Tumolo	13-0	2001	Somerset County	Cham
100m	Andrew Pratt	10.8	2000	Somerset County	Cham
Pole Vault	Rick Vohden	12-6	2000	Somerset County	Cham
Discus	Pat Dougherty	159-0	1999	Somerset County	Cham
Pole Vault	Jeff Bogle	13-0	1999	Somerset County	
1600m Run	Ricky Gibson	4:28.3	1998	Somerset County	
Discus	Pat Dougherty	161-2	1998	Somerset County	
800m Run	Ricky Gibson	1:57.5	1997	Somerset County	
1600m Run	Ricky Gibson	4:24.8	1997	Somerset County	
110mH	Dave Wynn	14.8	1997	Somerset County	
	-				
1600m Run	Ricky Gibson	4:30.9	1996	Somerset County	
Pole Vault	Luke Fabiunke	13-0	1996	Somerset County	
800m Run	Quetzal Saunders	1:58.7	1995	Somerset County	
1600m Run	Quetzal Saunders	4:33.2	1995	Somerset County	
1600m Run	Quetzal Saunders	4:38.3	1994	Somerset County	
Shot Put	Jeff Holmes	49-0	1994	Somerset County	
High Jump	Eric Stoddard	6-0	1992	Somerset County	Cham
Pole Vault	Mike Hartman	13-0	1992	Somerset County	Cham
110mH	Jesper Lorentzen	14.8	1991	Somerset County	Cham
Pole Vault	Mike Hartman	13-0	1991	Somerset County	Cham
400mH	Dan Kinsley	55.1	1989	Somerset County	
400mH	Dan Kinsley	56.7	1988	Somerset County	

¥	Ridge Boys C	onferen	ce Char	npions 🥰
1600	Brenden McMahon	4:19.98	2023	Skyland Conference Championship
3200	Brenden McMahon	9:26.33	2023	Skyland Conference Championship
4x400	Kovatch, Mays, Kandra, Condolon	3:27.35	2023	Skyland Conference Championship
4x400	A Hargy, McCabe, Doran, Kisker	3:26.88	2022	Skyland Conference Championship
800	James Kisker	1:55.27	2022	Skyland Conference Championship
Long Jump	Luke Roberts	21-07.75	2021	Skyland Conference Championship
4x400	Hargy, Kisker, Pinto, Roberts	3:24.57	2021	Skyland Conference Championship
1600m Run	Ryan Lindrud	4:12.95	2019	Skyland Conference Championship
800m Run	Will Phinney	1:56.66	2017	Skyland Conference Championship
800m Run	Will Phinney	1:59.1	2016	Skyland Conference Championship
3200m Run	Andrew McGowan	9:37.45	2014	Skyland Conference Championship
Pole Vault	Nick Giannone	14'6"	2014	Skyland Conference Championship
400mH	Peter Phillips	55.84	2009	Skyland Conference Championship
400mH	Jason Jan	56.14	2008	Skyland Conference Championship
400mH	Jason Jan	56.52	2007	Skyland Conference Championship

Q	Ridge Boys	Sectional	Champio	ons 🧯
1600	Andrew McCabe	4:16.27	2022	North 2 Group 4 Section
4x800	Kandra, Yu, Barna, Kisker	7:52.01	2022	North 2 Group 4 Section
3200	Jackson Barna	8:59.92	2022	North 2 Group 4 Section
400	Luke Roberts	48.91	2021	North 2 Group 4 Section
400H	Luke Roberts	55.04	2021	North 2 Group 4 Section
1600	Jackson Barna	4:14.27	2021	North 2 Group 4 Section
800	Luke Roberts	1:54.60	2021	North 2 Group 4 Section
3200	Jackson Barna	9:11.10	2021	North 2 Group 4 Section
4x800	Wey, Doran, Yu, Kisker	8:04.57	2021	North 2 Group 4 Section
4x800	Sargen, Lewis, Roberts, Pinto	7:57.43	2019	North 2 Group 4 Section
1600m Run	Ryan Lindrud	4:15.36	2019	North 2 Group 4 Section
800m Run	Ryan Lindrud	1:54.05	2019	North 2 Group 4 Section
4x800	Asay, Orr, Martinson, Bayeux	7:59.49	2017	North 2 Group 4 Section
Javelin	Brett Albee	157'08"	2016	North 2 Group 4 Section
4x800	Martinson, Bayeux, Orr, Daly	7:59.51	2016	North 2 Group 4 Section
800m Run	Will Phinney	1:57.44	2016	North 2 Group 4 Section
Discus	Ben Cambria	145-02.00	2016	North 2 Group 4 Section
1600m Run	Andrew McGowan	4:14.76	2014	North 2 Group 4 Section
Shot Put	Tim Livingston	46-06.75	2013	North 2 Group 4 Section
Pole Vault	Ryan Hellings	12'6"	2008	North 2 Group 4 Section
Pole Vault	Jamie Stanley	14'0	2004	North 2 Group 3 Section
Discus	John Langhauser	149-10	2003	Central Group 3 Section
100m Dash	Andrew Pratt	10.9	2000	Central Group 2 Section
Discus	Pat Dougherty	164'04.00"	1999	Central Group 2 Section
800m Run	Ricky Gibson	1:59.5	1998	Central Group 2 Section
1600m Run	Ricky Gibson	4:23.8	1998	Central Group 2 Section
1600m Run	Ricky Gibson	4:33.4	1997	Central Group 2 Section
3200m Run	Ricky Gibson	9:43.0	1997	Central Group 2 Section
800m Run	Ricky Gibson	1:57.0	1996	Central Group 2 Section
400mH	David Wynne	56.2	1996	Central Group 2 Section
800m Run	Quetzal Saunders	1:59.3	1995	Central Group 2 Section
Pole Vault	Luke Fabiunke	12-0	1995	Central Group 2 Section
Pole Vault	Ryan Stoddard	13-0	1994	Central Group 2 Section
Shot Put	Jeff Holmes	48-6.5	1994	Central Group 2 Section
Pole Vault	Mike Hartman	14-0	1992	Central Group 2 Section
110H	Jesper Lorentzen	14.4	1991	Central Group 2 Section
400mH	Dan Kinsley	56.5	1989	Central Group 2 Section
Discus	Dan Woods	142-3	1988	Central Group 2 Section
1600	Mike Nobles	4:32.3	1987	Central Group 2 Section
3200	Mike Nobles	9:49.7	1987	Central Group 2 Section

On the right track...

100 Under 12.3

Andrew Dachnowicz
Jason Wiatroski
Ivan Konovalov
Jake Zangara
Nick Elissa
Chase Fritz
Eddie Doherty

200 Under 25.0

Joseph Dachnowicz
Edward Condolon
Owen Mays
Jared Rascio
Nick Elissa
JP Ruggiero
Leo Kovatch
Eddie Doherty
Chase Fritz
Jason Wiatroski

400 Under 56.5

Edward Condolon
Chris Kirkwood
Dev Patel
Matt Foster
Brenden McMahon
Nick Elissa
Andrew Li
Connor McMahon
Jack Donnelly
Jon Wey
Kaleb Huang
Jared Rascio

Patrick Doran
Owen Mays
Joseph Dachnowicz
Tarun Kandra
Andrew Dachnowicz
Marcus Reilly
Jason Wiatroski
Chase Fritz
Eddie Doherty
Leo Kovatch
Nick Gonzalez

800 Under 2:10

Leo Kovatch
Marcus Reilly
Connor McMahon
Edward Condolon
Brenden McMahon
Kaleb Huang
Will Weber
Patrick Doran

Matt Foster
Jon Wey
Dev Patel
Mitya Cole
Owen Mays
Joseph Dachnowicz
Tarun Kandra
Matt Fukushima

1600 Under 5:00

Tarun Kandra
Justin Breivogel
Will Weber
Kaleb Huang
Connor McMahon
Brenden McMahon
Tyler Zumbach
Andrew Li

Mitya Cole Matt Foster Dev Patel Jon Wey Marcus Reilly Max Neumann Patrick Doran

3200 Under 10:40

Justin Breivogel
Brenden McMahon
Dev Patel
Mitya Cole
Connor McMahon

400H Under 63

Owen Mays Leo Kovatch Joseph Dachnowicz

110H Under 18

Owen Mays Joseph Dachnowicz Marcus Reilly Edward Condolon

Shot Over 37'

Lok Hariharan Robbie Koenig Evan James Rastko Simonovic Dawson Deng

Javelin Over 110'

Alex Grant Chase Fritz Nick Gonzalez Joseph Dachnowicz Ryan Schmolze

Disc Over 100'

Lok Hariharan

Pole Vault Over 10'

Chris Kirkwood Marcus Reilly Jack Donnelly

Long Jump Over 17'

Jared Rascio
Edward Condolon
Nick Elissa
Jason Wiatroski
Chris Kirkwood
Will Ligos
Will Deady

High Jump Over 5'6"

Will Deady Sanjit Bajpai

Triple Jump Over 37'

Owen Mays Jared Rascio Chris Kirkwood Leo Kovatch Jason Wiatroski

Potential Scorer...

400 Under 51.5	800 Under 2:00	1600 Under 4:31
Edward Condolon	Dev Patel	Brenden McMahon
Tarun Kandra	Tarun Kandra	Mitya Cole
Patrick Doran	Patrick Doran	Dev Patel
	Edward Condolon	Patrick Doran
	Matt Fukushima	
110H Under 16.2	200 Under 23.3	PV Over 12'
Owen Mays	Edward Condolon	Chris Kirkwood
Shot Over 44'	400H Under 59.0	TJ Over 40'
Lok Hariharan	Owen Mays	Owen Mays
Was a series	Leo Kovatch	Jared Rascio
3200 Under 9:50	LJ Over 19'	
Brenden McMahon	Jared Rascio	
Dev Patel	Edward Condolon	
Mitva Cole	Nick Elissa	

Big Scorer

1600 Under 4:20	3200 Under 9:40	
Brenden McMahon	Brenden McMahon Dev Patel	
Pole Vault Over 13'	Shot Over 50'	
Chris Kirkwood	Lok Hariharan	
800 Under 1:57	400H Under 57	
Patrick Doran	Owen Mays	



Seniors:

Beckett Burcat, Giancarlo Chuquitarco, Marcos da Silva, Dawson Deng, Patrick Doran, Alex Grant, Tarun Kandra, Chris Kirkwood, Robbie Koenig, Leo Kovatch, Aryan Malik, Connor McMahon, Tim Moschello, Jack Nardi, Tyler Rooney, Nicholas Rose, JP Ruggiero, Rastko Simonovic, John Skalski, Jon Wey

Juniors:

Peter Achenbach, Sanjit Bajpai, Dylan Beers, Justin Breivogel, Dmitry Cole, Edward Condolon, Will Deady, Eddie Doherty, Jack Donnelly, Matt Foster, Matthew Fukushima, Lok Hariharan, Evan James, Ivan Konovalov, Lucas Lettie, Andrew Li, Alex Martoccia, Owen Mays, Dev Patel, Krrish Rohit, Joseph Samaan, Anish Shah, Tomou Takahashi, Will Weber, Jake Zangara, Tyler Zumbach

Sophomores:

Aidan Cairns, Andrew Dachnowicz, Joseph Dachnowicz, Chase Fritz, Jacob Giordano, Nicholas Gonzalez-Adler, Kaleb Huang, Andrew Kendis, Brenden McMahon, Rayyan Noushad, Anthony Paulsen, Jack Pawlick, Jared Rascio, Marcus Reilly, Cyrus Saidi, Guilherme Sartorio, Nathaniel Schneider, Abhayan Sood, Ayaan Sufi, Timothy Wei, Jason Wiatroski

Freshman:

Nicholas Alapatt, Ryan Barclay, Nicholas Elissa, Jaden Eng, Harrison Fischer, Russell Hagerman, Mayank Jadhav, William Ligos, Colin Lipke-Barbee, Naail Manji, Jack McQuaid, Maxwell Neumann, Davis Norton, Walter Pentlicki, Ryan Schmolze, Jack Schon, Ethan Sha, Gavin Swanson, Soren Van Loo

