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## ALL CONFERENCE HONORS

### First Team:

James Kisker- 800  
Owen Mays- 400H  
Aidan Clark- TJ  
Carson Giust-Shot  
4x400- A Hargy, Doran, McCabe, Kisker

### Second Team:

Andrew McCabe- 800  
Brenden McMahon- 3200  
Andrew Hargy- 400H

Honorable Mention: Jackson Barna

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## ALL COUNTY HONORS

### First Team:

James Kisker- 800  
Jackson Barna- 3200  
4x400- Condolon, Kandra, A Hargy, Kisker

### Second Team:

Owen Mays- 400H  
Andrew McCabe- 1600  
Brenden McMahon- 3200

### Third Team

Patrick Doran- 1600      Hudson Yu- 3200

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## AWARDS

Somerset County Scholar Athlete: Joey Gilligan

Christopher Zachman Award (Best Male Athlete): Jackson Barna

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## PENN RELAYS

The boys finished as the top American Team in the 4x800!!!  
For the 2nd time in school history the boys qualified for the Championship of America at the Penn Relays in the 4x800. They won their qualifying heat to secure their spot in the final in which they finished 2nd overall but 1st out of the American teams.

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## NIKE NATIONALS

Nike Outdoor Nationals Distance Medley Relay Champions!!!!

McCabe, Doran, Kisker, Barna

4x800 2nd Place- All Americans- 7:32.79 (8th ALL TIME!!)

EE 4x800: Wey, Yu, Condolon, Kandra

EE DMR: Yu, Condolon, Kandra, Fukushima

4xMile: McMahon, Wey, Kandra, Yu

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## **Team Members:**

### **SENIORS**

Jackson Barna, William Bleier, Aidan Clark, Anthony Clerici, Aaron Dobkin, Adrian Ebeling, Joey Gilligan, Carson Guist, Andrew Hargy, Ryan Hargy, Rohan Haware, William Hess, James Kisker, Christopher Kosakowski, Kyle Kosakowski, Andrew McCabe, Connor McCue, Jayden Rodriguez, Rahul Sibal, Flynn Testa, Altamash Toor, Evan Woo, Hudson Yu

### **JUNIORS**

Beckett Burcat, Giancarlo Chuquitarco, Marcos da Silva, Dawson Deng, Patrick Doran, Micah Drew-Smith, Bryan Eberhardt, Alex Grant, Eric Hienemann, Tarun Kandra, Chris Kirkwood, Robbie Koeing, Malik Aryan, Connor McMahon, Tim Moschello, Jack Nardi, Tyler Rooney, Nicholas Rose, John Ruggerio, Kyro Saleeb, Rastko Simonovic, Jon Wey

### **SOPHOMORES**

Peter Achenbach, Justin Breivogel, Mitya Cole, Edward Condolon, Edward Doherty, Jack Donnelly, Matt Foster, Matthew Fukushima, Nicholas George, Evan James, Andrew Li, Owen Mays, Connell Michels, Braden O'Brien, Dev Patel, Krrish Rohit, William Surett, Tomou Takahashi, William Weber

### **FRESHMAN**

Douglas Bradley, Santiago Chagoya, Ian D'Silva, Andrew Dachnowicz, Joseph Dachnowicz, Kaleb Huang, Lucas Kang, Brenden McMahon, Binish Narang, Anthony Paulsen, Jack Pawlick, Spencer Shernoff, Albert Yang, Caleb Zhang

# Boys Athletes of the Month: 2021-2022 School Year

## September Athlete of the Month:

**Matthew Fukushima (10)**

Matthew made the decision to come out for Cross Country this year and he has become a vital member of the varsity team. In Matthew's first race he broke 17 min and helped our team earn an NJ #1 ranking for the 2nd week in a row. Although the varsity only raced once in September, Matthew's work ethic and drive make it clear that there are only more good things to come in October.



## October Athlete of the Month:

**Patrick Doran (11)**

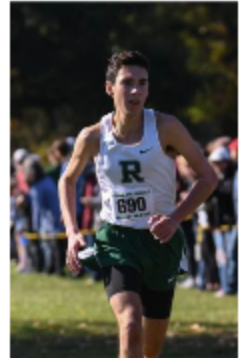
Patrick's hard work and consistency stood out in October. Patrick has improved significantly from last year and now has been in the top 5 in every race of the season. There is never a practice when he isn't working hard and leading by example. He helped us win the Shore Coaches Inv and finish as the top NJ team at the Manhattan Inv. His performance at the Somerset County Championship helped us achieve a perfect score which hasn't been done since 1982. I am looking forward to seeing what he can do during the State season in November.



## November Athlete of the Month:

**Anthony Clerici (12)**

Anthony ran varsity for the first time in October earning first-team all-conference and competing as Ridge's top scorer of the meet. This experience significantly helped him in November setting a personal best at all three of the state meets. The boys won the State Sectional, State Group Championship and placed 4th at the Meet of Champions with his help. He was in the top 5 at the Meet of Champions specifically helping us achieve such a high place at this event. Anthony has a fantastic end of his senior year cross country season.



## December Athletes of the Month:

**Jon Wey (11) & Tarun Kandra (11)**

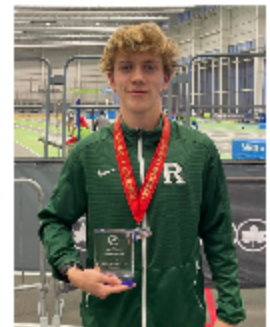
Both Jon and Tarun have stood out in the first few meets of the season. Jon ran multiple races at a high level helping our team greatly in December. He started the season running a 1000 and 800 both very close to his personal best. Jon set the tone that he will be a significant contributor on the varsity team this season. Tarun also ran multiple races during his first meet, setting personal best in each event. Tarun has shown tremendous growth this season making it into the varsity line up for the first time.



## January Athlete of the Month:

**Andrew McCabe (12)**

Andrew has stepped up in a big way this season. So far he ran a school record in the 1000 meter run! Andrew ran 3 events at the Skyland Conference helping the boys win the meet. He placed 2nd in the 1600, 800 and won 4x400! Andrew has been a tremendous leader throughout the year and I can't wait to see what he does during the state season!



### **February/March Athlete of the Month:**

Jackson Barna (12)

Jackson started off the month at the State Sectional winning the 1600 meter run in a venue and meet record of 4:09.96. He then went to the Group 4 State Championship and broke his own venue record in a time of 4:06.27 in the 1600. This is his first Group 4 State Championship individually. He also placed 2nd in the 3200 at both meets. He placed 2nd in the Meet of Champions in a time 8:51.94 which is 3rd fastest all time. Jackson leads by example, he continually raises the bar not only for his team but also for the State of NJ.

Jackson was part of the Distance Medley team that won New Balance Nationals in a National High School Record time of 9:53.40. Two days later he helped his team to a historic double win in the 4x800.

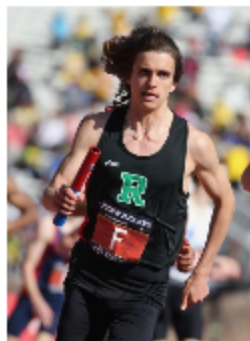


### **April Athlete of the Month:**

James Kisker (12)

Kisker has started off the spring season very strong. At the explorer invitational, he ran 4:20 in the mile setting a personal best and making the Ridge top 10 all-time mile performances. He helped his team win the Somerset County relays by competing in 3 events. His performance in the sprint medley relay at the Somerset County Relay meet was one of the fastest sprint medleys ever run by a Ridge team. He ended April at the Penn Relays. Kisker was a main contributor in the 4x800 which earned the top American team finish. This is a huge honor! Their time is also currently US #1. Kisker is a team captain and has shown tremendous leadership, especially in big team performances. Kisker was a main contributor in the 4x800 which earned the top American team finish.

This is a huge honor! Their time is also currently US #1. Kisker is a team captain and has shown tremendous leadership, especially in big team performances.



### **May Athletes of the Month:**

Owen Mays (10) & Andrew McCabe (12)

Owen Mays is a sophomore standout during the month of May. He set the sophomore Ridge record and has been a top finisher in the 400 Hurdles and the 110 Hurdles. He ran on the school record shuttle hurdle team. He qualified for the State Group Championship in both hurdle events. Owen's dedication and work ethic set him apart and he is the most improved athlete of the season in the coach's eyes.



Andrew McCabe continues to be a top athlete in the County, Conference, and State. He won his heat at the RunningLane track championship and he has continually improved his 1600 and 800 personal bests. He won the State Sectional meet in the 1600 meter run. This is his most notable win to date. Most importantly he has been a tremendous leader doing whatever is needed for the team.



### **June Athletes of the Month:**

Andrew McCabe, James Kisker, Patrick Doran, Jackson Barna, Hudson Yu

These boys really put on a show during the state season. In the State Sectional, Andrew McCabe and Jackson Barna both won their races. This is the first sectional win for Andrew McCabe and the second consecutive win for Jackson Barna. Hudson Yu, James Kisker and Jackson Barna helped the 4x800 win in a All Sectional Record! In the Group 4 State Championship James Kisker was the Group 4 State Champion in the 800 in a school record time of 1:51.51. Andrew McCabe qualified for the Meet of Champions in the 800 and 1600, running an all time best in the 1600 of 4:11.78. This is the second fastest performance of a Ridge athlete in the event. Patrick Doran ran matched his personal best in the open 800 and 4x800 helping the team place 2nd in the 4x800. All 5 boys finished their season competing at Nationals. Hudson ran the EE 4x800 having the fastest split on the team. Jackson Barna got invited to the prestigious Brooks PR Invitational and ran 4:08.37. The boys won the Distance Medley Relay and followed up their Indoor performance with an Outdoor Nationals Championship! The next day they ran the 4x800, placing 2nd in a record breaking time of 7:32.79. This is the 2nd fastest in All Time in NJ and 8th fastest time in US HS History!



# On the right track...

## 100 Under 12

Aaron Dobkin  
Andrew Hargy

## 200 Under 25.0

Andrew Hargy  
James Kisker  
Edward Condolon  
Ryan Hargy  
Aaron Dobkin  
Joey Gilligan  
Aryan Malik  
Dev Patel  
Tomou Takahashi

## 400 Under 56.5

Jackson Barna  
James Kisker  
Ryan Hargy  
Andrew McCabe  
Tarun Kandra  
Edward Condolon  
Patrick Doran  
Andrew Hargy  
Evan Woo  
Dev Patel  
Will Surett

Matt Fukushima  
Owen Mays  
Aryan Malik  
Chris Kirkwood  
Aidan Clark  
Andrew Li  
Jon Wey  
Joseph Dachnowicz  
Aaron Dobkin  
Eddie Doherty

## 800 Under 2:10

Jackson Barna  
Andrew McCabe  
James Kisker  
Patrick Doran  
Tarun Kandra  
Hudson Yu  
Matt Fukushima  
Brenden McMahon

Andrew Hargy  
Connor McMahon  
Edward Condolon  
Andrew Li  
Mitya Cole  
Will Surett  
Jon Wey

## 1600 Under 5:00

Jackson Barna  
James Kisker  
Hudson Yu  
Patrick Doran  
Brenden McMahon  
Matthew Fukushima  
Tarun Kandra  
Jon Wey

Connor McMahon  
Mitya Cole  
Anthony Clerici  
Andrew Li  
Andrew McCabe  
Kaleb Huang  
Dev Patel

## 3200 Under

### 10:40

Anthony Clerici  
Mitya Cole  
Connor McMahon  
Jackson Barna  
Andrew McCabe  
Brenden McMahon  
Hudson Yu  
Patrick Doran

## 400H Under 63

Owen Mays  
Evan Woo  
Joey Gilligan  
Andrew Hargy  
Edward Condolon

## 110H Under 18

Joey Gilligan  
Evan Woo  
Owen Mays  
Andrew Hargy

## Shot Put Over

### 37'

Caron Giust  
Harry Hess  
Ratsko Simonovic  
Dawson Deng

## Javelin Over

### 110'

Alex Grant  
Carson Giust

## High Jump Over

### 5'6"

## Disc Over 100'

Carson Giust  
Dawson Deng  
Harry Hess

## Triple Jump

### Over 38'

Aidan Clark  
Owen Mays

## Pole Vault Over

### 10'

Joey Gilligan  
Chris Kirkwood

## Long Jump Over

### 17'

Edward Condolon  
Owen Mays  
Aidan Clark  
Evan Woo  
Rohan Haware

# Potential Scorer

## 200 Under 23.3

Andrew Hargy  
James Kisker

## U Over 19'

Edward Condolon  
Evan Woo

## 1600 Under 4:30

Jackson Barna  
James Kisker  
Hudson Yu  
Patrick Doran  
Matthew Fukushima  
Andrew McCabe  
Brenden McMahon

## 400 Under 51.5

James Kisker  
Jackson Barna  
Edward Condolon  
Andrew Hargy

## PV Over 12'

Chris Kirkwood

## 400H Under 59.0

Owen Mays

## 110H Under 16.2

Owen Mays

## 800 Under 2:00

Jackson Barna  
Andrew McCabe  
James Kisker  
Patrick Doran  
Hudson Yu

## 3200 Under 9:50

Jackson Barna  
Andrew McCabe  
Brenden McMahon  
Hudson Yu  
Patrick Doran

# BIG Scorer

## 800 Under 1:57

Jackson Barna  
Andrew McCabe  
James Kisker  
Patrick Doran

## 1600 Under 4:20

Jackson Barna  
Andrew McCabe  
James Kisker

## 400 Under 50

James Kisker

## 3200 Under 9:40

Jackson Barna  
Andrew McCabe  
Brenden McMahon  
Hudson Yu

Jackson Barna

Mile: 4:07

3200: 8:59.92

James Kisker

800:

1:50.04

HS Elite

## Boys Spring Track Records

Event	Name	Time/Distance	Year
100 Meter Dash	Andrew Pratt	10.8	2000
		11.08	2000
200 Meter Dash	Dan Carter	22.55	2002
400 Meter Dash	Luke Roberts	48.56	2021
<b>800 Meter Run</b>	<b>James Kisker</b>	<b>1:51.51</b>	<b>2022</b>
<b>1600 Meter Run</b>	<b>Jackson Barna</b>	<b>4:05.57 c</b>	<b>2022</b>
<b>One Mile Run</b>	<b>Jackson Barna</b>	<b>4:07.00</b>	<b>2022</b>
3200 Meter Run	Jackson Barna	8:52.00	2021
Two Mile Run	Stu Penn	9:24.5	1973
3000 Meter Steeple Chase	Anthony Bellitti	9:56.25	2010
5000 Meter Run	Jackson Barna	14:35.76	2020/2021
110 Meter High Hurdles	Jesper Lorentzen	14.4	1991
400 Meter Int. Hurdles	Luke Roberts	52.86	2021
<b>300 Meter Int. Hurdles</b>	<b>Owen Mays</b>	<b>41.65</b>	<b>2022</b>
High Jump	Drew Gibbons	6'4"	1996
Long Jump	Jason Jan	21' 9"	2008
Triple Jump	Tim Youtkus	44' 7.5"	2017
Pole Vault	Nick Giannone	15'0"	2014
Shot Put	John Langhauser	55' 7.5"	2003
Discus	Patrick Dougherty	164' 9"	1999
Javelin	Conrad Reynolds	216' 3"	1988
* prior to 2002 rule change*			
Javelin	Will Lauricella	193'8"	2010
Decathlon	Tim Youtkus	5856 Pts.	2017
Pentathlon	John Bligh	2715 pts	2015



## Boys Spring Track Records

400 Meter Relay	Tyler Jurewicz Brian Collins Conor Collins Connor Marano	44.05	2013
800 Meter Relay	Ryan Hargy Christian Allora James Kisker Luke Roberts	1:31.67	2021
1600 Meter Relay	Alex Sargen Curtis Lyons Ryan Lindrud Luke Roberts	3:20.17	2019
<b>3200 Meter Relay</b>	<b>Patrick Doran Andrew McCabe Jackson Barna James Kisker</b>	<b>7:32.79</b>	<b>2022</b>
6400 Meter Relay	Marshall Boles Ryan O'Keefe Mitch Lawson Andrew McGowan	18:17.52	2014
4 x Mile	Will Pinto James Glockenmeier Sam Lewis Jackson Barna	18:03.51	2019
4 x 1600 (no batons)	Jackson Barna James Glockenmeier Sam Lewis Chris Strain	18:15.67	2019
800 Sprint Medley	Cameron Lloyd Eshan Doshi Curtis Lyons Brett Asay	1:37.57	2018
Sprint Medley	Eshan Doshi Curtis Lyons Dan Devine Brett Asay	3:32.15	2018
<b>Distance Medley</b>	<b>Andrew McCabe Patrick Doran James Kisker Jackson Barna</b>	<b>9:56.63</b>	<b>2022</b>

## Boys Spring Track Records

3x400 Hurdle Relay	Matt Nafie Neil Franzese Peter Phillips	2:51.33	2009
<b>Shuttle Hurdles Relay</b>	<b>Evan Woo Andrew Hargy Joey Gilligan Owen Mays</b>	<b>1:05.08</b>	<b>2022</b>
Javelin Relay (3 man)	Brett Albee Joe Brady Ben Cambria	431-05	2016
Discus Relay (3 man)	Ben Cambria Sam Khasnavis Reed Handabaka	402-05	2017
Shot Put Relay (3 man)	Mark McDonough Dave Rusek Patrick Dougherty	139-11.50	1998
Long Jump Relay (2 man)	Luke Roberts Harry Hagerman	41-06.75	2021
Triple Jump Relay (2 man)	Tim Youtkus Ken Chwatek	86-07.5	2017
Pole Vault Relay (2 man)	Alex Petric Kevin Korn	25-0	2019
	Ryan Stoddard Luke Fabiunke	25-0	1994
High Jump Relay (2 man)	Eric Stoddard Mike Hartman	12-4	1992

## Team Records

<b>Mountain Valley Conference</b>	<b>Somerset County Relay Championship</b>
1993 1996 1998 2000 2001 2002 2003	2017 2019 2021 <b>2022</b>
<b>Skyland Conference Relay Champions</b>	<b>Skyland Conference Divisional Champions</b>
<b>2022</b>	2019 2021
<b>Skyland Conference Champions</b>	<b>Somerset County Champions</b>
	2009 2021
<b>State Sectional Champions</b>	<b>State Group Champions</b>
2021	

## All-Americans

<b>4x800</b>	<b>Patrick Doran, Andrew McCabe, Jackson Barna, James Kisker</b>	<b>7:32.79</b>	<b>2022</b>
	<b>2nd Place</b>		
<b>DMR</b>	<b>Andrew McCabe, Patrick Doran, James Kisker, Jackson Barna</b>	<b>9:56.63</b>	<b>2022</b>
	<b>1st Place National Champions</b>		
DMR	Will Pinto, Luke Roberts, Andrew McCabe, Jackson Barna	10:02.46	2021
	2nd Place		
4x800	Will Pinto, James Kisker, Jackson Barna, Luke Roberts	7:39.06	2021
	1st Place National Champions		
4x800	Alex Sargen, Luke Roberts, Will Pinto, Ryan Lindrud	7:38.48	2019
	1st Place National Champions		

## Ridge Boys State Champions

3200	Jackson Barna	8:52.00	2021
4x800	Andrew McCabe, James Kisker, Will Pinto, Luke Roberts	7:50.44	2021
4x800	Alex Sargen, Luke Roberts, Will Pinto, Ryan Lindrud	7:44.46	2019
4x800	Brett Asay, Ryan Orr, Patrick Bayeux, William Phinney	7:50.20	2017

## Penn Relays Top American Teams

<b>4x800</b>	<b>Andrew McCabe, James Kisker, Patrick Doran, Jackson Barna</b>	<b>7:41.59</b>	<b>2022</b>
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## Ridge Boys Group Champions

<b>800m Run</b>	<b>James Kisker</b>	<b>1:51.51</b>	<b>2022</b>	<b>Group 4</b>
400H	Luke Roberts	53.88	2021	Group 4
4x800	Andrew McCabe, Hudson Yu, Will Pinto, James Kisker	7:54.52	2021	Group 4
4x800	Alex Sargen, Will Pinto, Sam Lewis, Luke Roberts	7:56.66	2019	Group 4
800m Run	Ricky Gibson	1:59.5	1998	Group 2
1600m Run	Ricky Gibson	4:20.45	1997	Group 2
Pole Vault	Ryan Stoddard	13-0	1994	Group 2
Javelin	Conrad Reynolds	216'3"	1988	Group 2

## Ridge Boys Top 10 Performances of All Time

100m			200m			400m		
Andrew Pratt	11.08	2000	Dan Carter	22.55	2001	Luke Roberts	48.56	2021
Mike Henn	11.2h	1996	Luke Roberts	22.56	2021	Dan Devine	49.96	2018
Connor Collins	11.28	2014	Connor Collins	22.74	2014	Danny Phillips	50.11	2015
Jason Jan	11.28	2008	Andrew Pratt	22.7h	1999	Dan Carter	50.3h	2002
Tyler Jurewicz	11.31	2014	Cameron Lloyd	22.92	2018	Ryan Orr	50.44	2017
Will Vogt	11.34	2015	Tyler Jurewicz	23.04	2013	Brad Lyons	50.47	2012
Dan Carter	11.50	2001	Will Vogt	22.9h	2015	Dave Wynn	50.7h	1996
Paul Marciano	11.50	1997	Jesper Lorentzen	22.9h	1991	Ricky Gibson	50.7h	1998
Cameron Lloyd	11.53	2017	Pete Moroni	23.31	2003	Tyler Jurewicz	50.71	2013
Rohan Yelvigi	11.5h	2001	Nick del Vecchio	23.44	2012	Alex Sargen	50.93	2019
800m			1600m			3200m		
James Kisker	1:51.51	2022	Jackson Barna	4:05.5c	2022	Jackson Barna	8:52.00	2021
Ryan Lindrud	1:51.81	2019	Andrew McCabe	4:11.78	2022	Ryan Lindrud	9:21.23	2019
Jackson Barna	1:53.22	2022	Ryan Lindrud	4:12.95	2019	Evan Roelke	9:26.33	2011
William Phinney	1:53.89	2017	Andrew McGowan	4:14.76	2014	Anthony Bellitti	9:28.95	2010
Andrew McCabe	1:54.28	2022	Evan Roelke	4:15.61	2011	Andrew McGowan	9:29.61	2015
Luke Roberts	1:54.30	2021	Tyler Gibbons	4:17.19	2012	Andrew McCabe	9:30.34	2021
Ricky Gibson	1:54.4h	1998	Ricky Gibson	4:17.33	1998	Tyler Gibbons	9:30.48	2012
Will Pinto	1:55.86	2021	Will Pinto	4:18.38	2021	Gerard Ganey	9:31.1	2003
Patrick Doran	1:56.12	2022	James Kisker	4:19.12	2022	Jake Dobrowolski	9:31.69	2021
Evan Roelke	1:56.87	2011	James Glockenmeier	4:20.36	2019	James Glockenmeier	9:31.70	2019
110mH			400mH			Long Jump		
Jesper Lorentzen	14.4	1991	Luke Roberts	52.86	2021	Jason Jan	21-9	2008
Darren DeAngelis	14.78	2002	David Wynn	54.88	1995	Luke Roberts	21-7.75	2021
David Wynn	14.89	1996	Dan Kinsley	54.94	1989	Kurt Schoenberg	21-7.5	1968
Curtis Lyons	15.22	2019	Curtis Lyons	55.19	2018	Harry Hagerman	21-0.75	2021
Tim Youtkus	15.31	2017	Darren DeAngelis	55.5h	2002	Jesper Lorentzen	21-0	1991
Peter Phillips	15.32	2009	Matt Nafie	55.55	2009	Tim Youtkus	20-10	2017
Owen Mays	15.53	2022	Jason Jan	55.67	2007	Ryan Stoddard	20-9.75	1994
Ken Chwatek	16.16	2017	Peter Phillips	55.84	2009	John Linton	20-9.25	2004
Jason Ginsberg	16.44	2004	Mike Jones	56.74	2007	Connor Collins	20-8.5	2012
Joey Gilligan	16.47	2021	Neil Franzese	56.82	2009	Alex Huynh	20-3.5	2011
						Hamza Ahmed	20-3.5	2013

## Ridge Boys Top 10 Performances of All Time

Triple Jump			Discus			Shot Put		
Tim Youtkus	44-7.5	2017	Pat Dougherty	163-6	1998	John Langhauser	55-7.5	2003
Andrew Claps	43-9.75	2014	Alan Brown	161-3	1968	Brian Brazinski	53-10.25	2004
Ken Chwatek	42-6.5	2017	John Langhauser	160-10	2002	Ralph Lufkin	53-5.5	2000
Luke Roberts	42-5	2021	Ben Cambria	149-4	2016	John Berger	52-8	1970
Conor Collins	40-8	2012, 2013	Ralph Lufkin	146-11	2001	Mark McDonough	52-0.25	1998
Eshan Doshi	40-7	2018	Sam Khashnavis	144-4	2017	Pat Dougherty	49-6	1998
Christian Allora	40-4	2021	Jeff Holmes	139-10	1994	Jeff Holmes	49-0	1994
Alex Claps	40-0	2016	Scott Hudson	139-1	1996	Joe Brady	47-4	2016
Jonathan Chang	39-11.75	2013	Eric Stoddard	135-3	1992	Tim Livingston	46-9.5	2013
<b>Aidan Clark</b>	<b>39-10.5</b>	<b>2022</b>	Brian Dethlefsen	134-8	2010	Dave Rusek	46-8.75	1998
Pole Vault			Javelin			High Jump		
Nick Giannone	15'0	2014	Will Lauricella	193-8	2010	Drew Gibbons	6'4	1996
Jamie Stanley	14'4	2004	Brett Albee	164-2	2016	Cy Hardy	6'3	1968
Mike Hartman	14'0	1992	Ben Cambria	162-1	2017	Jim Schoenberg	6'3	1977
Luke Fabiunke	14'0	1995	Chris Giannone	160-02	2008	Alex Edwards	6'3	1995
Alex Petric	14'0	2019	Jason Steinberg	157-8	2017	Hamza Ahmed	6'2	2013
Bill Jerrow	13'8.5"	1972	Joe Brady	157-6	2015	Tim Youtkus	6'2	2016
Ryan Hellings	13'6	2009	Decio Gaeta	156-7	2010	Jon Linton	6'2	2004
Todd Tumolo	13'0	2002	Tim Livingston	153-4	2012	Brad Lyons	6'0	2012
Ryan Stoddard	13'0	1994	Dave Singer	151-7	2014	John Bligh	6'0	2015
William Phinney	12'6	2014	Michael Furst	151-3	2013	Scott Hudson	6'0	1995
Tyler Winter	12'6	2010				Ryan Stoddard	6'0	1994
Rick Vohden	12'6	2000	Prior to the 2002 Rule Change			Eric Stoddard	6'0	1992
Kevin Korn	12'6	2019	Conrad Reynolds	216-3	1988	Harry Hagerman	6'0	2021
Jeremy Williams	12'6	1997						
Jeff Bogle	12'6	1998						
Chris Giannone	12'6	2008						
Andrew Gordon	12'6	2005						

## Ridge Boys Top 10 Performances of All Time

### Top Notable Relay Performances

4x100			4x200			4x400		
Jurewicz, Marano, B.Collins, C.Collins	44.05	2013	R Hargy, Allora, Kisker, Roberts	1:31.67	2021	Sargen, Lyons, Lindrud, Roberts	3:20.17	2019
Jurewicz, Marano, B.Collins, C.Collins	44.10	2013	Phillips, Collins, Giannone, Claps	1:31.70	2014	Phillips, Schraer, Claps, C Collins	3:21.84	2014
Jurewicz, Phillips, Giannone, C.Collins	44.53	2014	<b>A Hargy, R Hargy, Condolon, Kisker</b>	<b>1:32.79</b>	<b>2022</b>	Allora, Kisker, Pinto, Roberts	3:22.58	2021
<b>Dobkin, Malik, A Hargy, R Hargy</b>	<b>44.69</b>	<b>2022</b>	Jurewicz, Giannone, Claps, C. Collins	1:32.89	2014	Devine, Khattar, Sargen, Asay	3:22.62	2018
Ahmed, Jurewicz, Phillips, Giannone	44.96	2014	Formisano, Mitchell, DeAngelis, Carter	1:33.5	2002	Devine, Khattar, Lyons, Asay	3:22.98	2018
DeAngelis, Formisano, Mitchell, Carter	45.00	2002	Hodges, Asay, Lyons, Lloyd	1:33.53	2018	Sargen, Roberts, Pinto, Lindrud	3:23.29	2019
Haviland, Lyons, Doshi, Kisker	45.04	2019	Haviland, Hodges, Doshi, Korn	1:34.43	2018	Devine, Khattar, Lyons, Asay	3:23.71	2018
Jurewicz, Marano, B.Collins, C.Collins	45.11	2013	Asay, Faheem, Lloyd, Lyons	1:34.83	2017	Allora, Kisker, Bijukovic, Roberts	3:23.87	2021
<b>Dobkin, Malik, A Hargy, R Hargy</b>	<b>45.23</b>	<b>2022</b>	<i>Randolph Relays</i>	1:34.94	2016	Asay, Orr, Lloyd, Phinney	3:23.88	2017
R Hargy, A Hargy, Sakele, Hagerman	45.30	2021	<b>Dobkin, Arni, Condolon, A Hargy</b>	<b>1:35.83</b>	<b>2022</b>	Asay, Devine, Orr, Phinney	3:23.88	2017
4x800			Distance Medley Relay			Sprint Medley Relay		
<b>Doran, McCabe, Barna, Kisker</b>	<b>7:32.79</b>	<b>2022</b>	<b>McCabe, Doran, Kisker, Barna</b>	<b>9:56.63</b>	<b>2021</b>	Lyons, Doshi, Devine, Asay	3:32.15	2018
Sargen, Roberts, Pinto, Lindrud	7:38.48	2019	Pinto, Roberts, McCabe, Barna	10:02.46	2021	Asay, Cho, Orr, Phinney	3:32.26	2016
Pinto, Kisker, Barna, Roberts	7:39.06	2021	Pinto, Roberts, Kisker, Barna	10:12.77	2021	Phillips, Collins, Schraer, McGowan	3:34.79	2014
<b>McCabe, Kisker, Doran, Barna</b>	<b>7:41.59</b>	<b>2022</b>	Pinto, Roberts, Sargen, Lindrud	10:22.60	2019	<b>Dobkin, Condolon, Kisker, McCabe</b>	<b>3:35.24</b>	<b>2022</b>
Sargen, Roberts, Pinto, Lindrud	7:44.46	2019	Phinney, Asay, Orr, Bayeux	10:27.86	2017	Lyons, Lloyd, Devine, Asay	3:36.03	2018
Asay, Orr, Bayeux, Phinney	7:47.63	2017	Bayeux, Orr, Phinney, Daly	10:28.38	2016	R Hargy, Allora, Kisker, Pinto	3:36.60	2021
Barna, Kisker, Pinto, Roberts	7:49.25	2021	Daly, Phillips, Schraer, McGowan	10:30.78	2015	Haviland, Lyons, Roberts, Pinto	3:37.30	2019
Daly, Orr, Bayeux, Phinney	7:49.53	2016	Bayeux, Asay, Orr, Daly	10:33.76	2016	Collins, Jurewicz, Phillips, Schraer	3:38.13	2014
<b>Doran, Kandra, Yu, Kisker</b>	<b>7:50.12</b>	<b>2022</b>	Bayeux, Khattar, Asay, Lindrud	10:34.15	2018	Asay, Khattar, Orr, Asay	3:38.82	2016
Asay, Orr, Bayeux, Phinney	7:50.20	2017	Bayeux, Asay, Phinney, Daly	10:36.28	2016	Cho, Jurewicz, Asay, Khattar	3:40.50	2016
Notable Relay Splits								
400m Splits			800m Splits					
Luke Roberts	47.82*	2021	<b>James Kisker</b>	<b>1:50.04*</b>	<b>2022</b>	<b>*Autosplit</b>		
Brad Lyons	48.8	2012	Ryan Lindrud	1:50.76*	2019	*Autosplit		
<b>James Kisker</b>	<b>49.10*</b>	<b>2022</b>	<b>Jackson Barna</b>	<b>1:51.63*</b>	<b>2022</b>	<b>*Autosplit</b>		
Dan Devine	49.1	2018	William Phinney	1:52.89*	2017	*Autosplit		
Conor Collins	49.4	2014	Will Pinto	1:53.32*	2019	*Autosplit		
Ryan Lindrud	49.5	2019	Luke Roberts	1:54.01*	2021	*Autosplit		
<b>1200m Splits</b>			<b>Andrew McCabe</b>	<b>1:54.08*</b>	<b>2022</b>	<b>*Autosplit</b>		
<b>Andrew McCabe</b>	<b>3:06.58*</b>	<b>2022</b>	Patrick Bayeux	1:56.18*	2017	*Autosplit		
Will Pinto	3:08.73*	2021	Ryan Orr	1:56.2	2017			
Patrick Bayeux	3:11.32*	2016	Brett Asay	1:56.27	2018			
<b>Hudson Yu</b>	<b>3:11.94*</b>	<b>2022</b>						

## Ridge Boys Sectional Champions

<b>1600</b>	<b>Andrew McCabe</b>	<b>4:16.27</b>	<b>2022</b>	<b>North 2 Group 4 Section</b>
<b>4x800</b>	<b>Kandra, Yu, Barna, Kisker</b>	<b>7:52.01</b>	<b>2022</b>	<b>North 2 Group 4 Section</b>
<b>3200</b>	<b>Jackson Barna</b>	<b>8:59.92</b>	<b>2022</b>	<b>North 2 Group 4 Section</b>
400	Luke Roberts	48.91	2021	North 2 Group 4 Section
400H	Luke Roberts	55.04	2021	North 2 Group 4 Section
1600	Jackson Barna	4:14.27	2021	North 2 Group 4 Section
800	Luke Roberts	1:54.60	2021	North 2 Group 4 Section
3200	Jackson Barna	9:11.10	2021	North 2 Group 4 Section
4x800	Wey, Doran, Yu, Kisker	8:04.57	2021	North 2 Group 4 Section
4x800	Sargen, Lewis, Roberts, Pinto	7:57.43	2019	North 2 Group 4 Section
1600m Run	Ryan Lindrud	4:15.36	2019	North 2 Group 4 Section
800m Run	Ryan Lindrud	1:54.05	2019	North 2 Group 4 Section
4x800	Asay, Orr, Martinson, Bayeux	7:59.49	2017	North 2 Group 4 Section
Javelin	Brett Albee	157'08"	2016	North 2 Group 4 Section
4x800	Martinson, Bayeux, Orr, Daly	7:59.51	2016	North 2 Group 4 Section
800m Run	Will Phinney	1:57.44	2016	North 2 Group 4 Section
Discus	Ben Cambria	145-02.00	2016	North 2 Group 4 Section
1600m Run	Andrew McGowan	4:14.76	2014	North 2 Group 4 Section
Shot Put	Tim Livingston	46-06.75	2013	North 2 Group 4 Section
Pole Vault	Ryan Hellings	12'6"	2008	North 2 Group 4 Section
Pole Vault	Jamie Stanley	14'0	2004	North 2 Group 3 Section
Discus	John Langhauser	149-10	2003	Central Group 3 Section
100m Dash	Andrew Pratt	10.9	2000	Central Group 2 Section
Discus	Pat Dougherty	164'04.00"	1999	Central Group 2 Section
800m Run	Ricky Gibson	1:59.5	1998	Central Group 2 Section
1600m Run	Ricky Gibson	4:23.8	1998	Central Group 2 Section
1600m Run	Ricky Gibson	4:33.4	1997	Central Group 2 Section
3200m Run	Ricky Gibson	9:43.0	1997	Central Group 2 Section
800m Run	Ricky Gibson	1:57.0	1996	Central Group 2 Section
400mH	David Wynne	56.2	1996	Central Group 2 Section
800m Run	Quetzal Saunders	1:59.3	1995	Central Group 2 Section
Pole Vault	Luke Fabiunke	12-0	1995	Central Group 2 Section
Pole Vault	Ryan Stoddard	13-0	1994	Central Group 2 Section
Shot Put	Jeff Holmes	48-6.5	1994	Central Group 2 Section
Pole Vault	Mike Hartman	14-0	1992	Central Group 2 Section
110H	Jesper Lorentzen	14.4	1991	Central Group 2 Section
400mH	Dan Kinsley	56.5	1989	Central Group 2 Section
Discus	Dan Woods	142-3	1988	Central Group 2 Section
1600	Mike Nobles	4:32.3	1987	Central Group 2 Section
3200	Mike Nobles	9:49.7	1987	Central Group 2 Section

## Ridge Boys Somerset County Champions

<b>1600</b>	<b>Brenden McMahon</b>	<b>4:30.52</b>	<b>2022</b>	<b>Somerset County Championship</b>
<b>800</b>	<b>Jackson Barna</b>	<b>1:53.22</b>	<b>2022</b>	<b>Somerset County Championship</b>
<b>4x400</b>	<b>A Hargy, Condolon, Kandra, Kisker</b>	<b>3:27.40</b>	<b>2022</b>	<b>Somerset County Championship</b>
1600	Jackson Barna	4:17.39	2021	Somerset County Championships
400	Luke Roberts	49.84	2021	Somerset County Championships
3200	Jackson Barna	9:07.16	2021	Somerset County Championships
400mH	Luke Roberts	56.8	2021	Somerset County Championships
Long Jump	Harry Hagerman	21-00.75	2021	Somerset County Championships
4x400	Allora, Kisker, Pinto, Roberts	3:25.40	2021	Somerset County Championships
400mH	Curtis Lyons	56.64	2019	Somerset County Championships
1600m Run	Ryan Lindrud	4:16.23	2019	Somerset County Championships
3200m Run	Ryan Lindrud	9:21.23	2019	Somerset County Championships
800m Run	Will Pinto	1:59.54	2019	Somerset County Championships
4x400	Lyons, Pinto, Kisker, Roberts	3:27.37	2019	Somerset County Championships
400mH	Curtis Lyons	55.43	2018	Somerset County Championships
Discus	Ben Cambria	144-05.00	2016	Somerset County Championships
High Jump	John Bligh	5' 10"	2015	Somerset County Championships
4x400	Philips, Cho, Arrigan, Schraer	3:27.16	2015	Somerset County Championships
Pole Vault	Nick Giannone	14'0"	2014	Somerset County Championships
3200m Run	Andrew McGowan	9:30.21	2014	Somerset County Championships
1600m Run	Andrew McGowan	4:18.87	2014	Somerset County Championships
200m Dash	Conor Collins	22.96	2014	Somerset County Championships
100m Dash	Tyler Jurewicz	11.33	2014	Somerset County Championships
3200m Run	Tyler Gibbons	9:35.12	2012	Somerset County Championships
Javelin	Will Lauricella	181-07	2010	Somerset County Championships
110mH	Peter Philips	15.45	2009	Somerset County Championships
Javelin	Will Lauricella	161-09	2009	Somerset County Championships
400mH	Jason Jan	55.71	2008	Somerset County Championships
Pole Vault	Jamie Stanley	14-0	2004	Somerset County Championships
3200m Run	Gerald Ganey	9:31.1	2003	Somerset County Championships
Shot Put	John Langhauser	55-7.5	2003	Somerset County Championships
Discus	John Langhauser	155-4	2003	Somerset County Championships
Pole Vault	Jamie Stanley	13-6	2003	Somerset County Championships
Discus	John Langhauser	159-1	2002	Somerset County Championships
Pole Vault	Jamie Stanley	13-0	2002	Somerset County Championships
Pole Vault	Todd Tumolo	13-0	2001	Somerset County Championships
100m	Andrew Pratt	10.8	2000	Somerset County Championships
Pole Vault	Rick Vohden	12-6	2000	Somerset County Championships
Discus	Pat Dougherty	159-0	1999	Somerset County Championships
Pole Vault	Jeff Bogle	13-0	1999	Somerset County Championships
1600m Run	Ricky Gibson	4:28.3	1998	Somerset County Championships
Discus	Pat Dougherty	161-2	1998	Somerset County Championships
800m Run	Ricky Gibson	1:57.5	1997	Somerset County Championships
1600m Run	Ricky Gibson	4:24.8	1997	Somerset County Championships
110mH	Dave Wynn	14.8	1996	Somerset County Championships
1600m Run	Ricky Gibson	4:30.9	1996	Somerset County Championships
Pole Vault	Luke Fabiunke	13-0	1996	Somerset County Championships
800m Run	Quetzal Saunders	1:58.7	1995	Somerset County Championships
1600m Run	Quetzal Saunders	4:33.2	1995	Somerset County Championships
1600m Run	Quetzal Saunders	4:38.3	1994	Somerset County Championships
Shot Put	Jeff Holmes	49-0	1994	Somerset County Championships
High Jump	Eric Stoddard	6-0	1992	Somerset County Championships
Pole Vault	Mike Hartman	13-0	1992	Somerset County Championships
110mH	Jesper Lorentzen	14.8	1991	Somerset County Championships
Pole Vault	Mike Hartman	13-0	1991	Somerset County Championships
400mH	Dan Kinsley	55.1	1989	Somerset County Championships
400mH	Dan Kinsley	56.7	1988	Somerset County Championships
Javelin	Conrad Reynolds	175-1	1987	Somerset County Championships



## Ridge Boys Conference Champions

<b>4x400</b>	<b>A Hargy, McCabe, Doran, Kisker</b>	<b>3:26.88</b>	<b>2022</b>	<b>Skyland Conference Champions</b>
<b>800</b>	<b>James Kisker</b>	<b>1:55.27</b>	<b>2022</b>	<b>Skyland Conference Champions</b>
Long Jump	Luke Roberts	21-07.75	2021	Skyland Conference Champions
4x400	Hargy, Kisker, Pinto, Roberts	3:24.57	2021	Skyland Conference Champions
1600m Run	Ryan Lindrud	4:12.95	2019	Skyland Conference Champions
800m Run	Will Phinney	1:56.66	2017	Skyland Conference Champions
800m Run	Will Phinney	1:59.1	2016	Skyland Conference Champions
3200m Run	Andrew McGowan	9:37.45	2014	Skyland Conference Champions
Pole Vault	Nick Giannone	14'6"	2014	Skyland Conference Champions
400mH	Peter Phillips	55.84	2009	Skyland Conference Champions
400mH	Jason Jan	56.14	2008	Skyland Conference Champions
400mH	Jason Jan	56.52	2007	Skyland Conference Champions

## Some Very Cool Combine Stats!!!

### Top 10 Ridge 4x800 All Time

<b>Doran, McCabe, Barna, Kisker</b>	<b>7:32.79</b>	<b>2022</b>	<b>2nd Place Outdoor Nationals</b>
Sargen, Roberts, Pinto, Lindrud	7:38.48	2019	1st Place Outdoor Nationals
Pinto, Kisker, Barna, Roberts	7:39.06	2021	1st Place Outdoor Nationals
<b>McCabe, Kisker, Doran, Barna</b>	<b>7:41.59</b>	<b>2022</b>	<b>2nd Place/ 1st American Team Penn Relays</b>
<b>Doran, McCabe, Barna, Kisker</b>	<b>7:42.89i</b>	<b>2022</b>	<b>1st Place Indoor Nationals</b>
Sargen, Roberts, Pinto, Lindrud	7:44.46	2019	1st Place NJ Meet Of Champions
Sargen, Roberts, Pinto, Lindrud	7:47.23i	2019	5th Place Indoor Nationals
Asay, Orr, Bayeux, Phinney	7:47.63	2017	11th Place Outdoor Nationals
Barna, Kisker, Pinto, Roberts	7:49.25	2021	1st Place NSAF USA Meet of Champions
Daly, Orr, Bayeux, Phinney	7:49.53	2016	6th Place NJ Meet of Champions

### Distance Medley School Records

<b>McCabe, Doran, Kisker, Barna</b>	<b>9:53.40i</b>	<b>2022</b>	<b>1st Place New Balance Indoor Nationals (National HS Record)</b>
<b>McCabe, Doran, Kisker, Barna</b>	<b>9:56.63</b>	<b>2022</b>	<b>1st Place Nike Outdoor Nationals</b>

### High School Personal Bests

<i>(including relay splits)</i>					
Jackson Barna	4:03.71	1600	James Kisker	1:50.04	800
	1:51.63	800		49.10	400
	8:51.94	3200		4:19.12	1600
Andrew McCabe	4:11.78	1600	Patrick Doran	4:21.49	1600
	1:54.08	800		1:56.12	800
	9:29.75	3200		50.18	400
Jackson Barna	14:22.14 Cross Country Personal Best, RunningLane XC Championship				
	15:13.00 Holmdel PR, NJ Meet of Champions				

### XC Team Championships

Somerset County Championship	1st Place	2021	Perfect Score: Barna, McCabe, Doran, Kisker, Yu
N2G4 State Sectional	1st Place	2021	Barna, Yu, McCabe, Kisker, Doran
Group 4 State Championship	1st Place	2021	Barna, Kisker, McCabe, Doran, Fukushima

### Freshman Records

EVENT	NAME	TIME/DIST/HGT	YEAR
100 Meter Dash	Cameron Lloyd	11.53	2017
200 Meter Dash	Cameron Lloyd	23.26	2017
400 Meter Dash	James Kisker	52.69	2019
800 Meter Run	Will Pinto	1:59.87	2018
1600 Meter Run	Jackson Barna	4:22.21	2019
<b>One Mile Run</b>	<b>Brenden McMahon</b>	<b>4:27.50</b>	<b>2022</b>
3200 Meter Run	Jackson Barna	9:31.03	2019
110 Meter High Hurdles	Owen Mays	17.35	2021
400 Meter Int. Hurdles	Luke Roberts	59.63	2018
High Jump	Harry Hagerman	5'8"	2019
	Arron Linton	5'8"	2006
Long Jump	Jonathan Chang	19-6	2012
Triple Jump	Luke Roberts	41-6.75	2018
Pole Vault	Will Phinney	12-6	2014
	Todd Tumolo	12-6	2000
Shot Put	Mark Brazinski	44-00	2006
Javelin	Decio Gaeta	128-08	2007
Discus	John Langhauser	121-11	2000
4x400	Carson Giust	3:40.48	2019
	Harry Hagerman		
	Andrew McCabe		
	Alex Sakele		

### Sophomore Records

EVENT	NAME	TIME/DIST/HGT	YEAR
100 Meter Dash	Tyler Jurewicz	11.65	2012
200 Meter Dash	Cameron Lloyd	22.92	2018
400 Meter Dash	Luke Roberts	49.77	2019
800 Meter Run	Will Pinto	1:57.44	2019
1600 Meter Run	Will Pinto	4:23.19	2019
3200 Meter Run	Evan Roelke	9:46.28	2009
<b>110 Meter High Hurdles</b>	<b>Owen Mays</b>	<b>15.53</b>	<b>2022</b>
<b>400 Meter Int. Hurdles</b>	<b>Owen Mays</b>	<b>57.71</b>	<b>2022</b>
High Jump	Drew Knapp	5'8"	2009
Long Jump	Conor Collins	20-8.5	2012
Triple Jump	Luke Roberts	40-8.75	2019
Pole Vault	Alex Petric	13-0	2018
Shot Put	Christian Marchitto	39-11.25	2019
Javelin	Michael Furst	135-6	2011
Discus	Ben Cambria	126-10	2015
4x400	Jake Beckman	3:36.01	2019
	Luis Randriatsimalona		
	Jake Haviland		
	Sean Smith		

## BOYS WINTER TRACK AND FIELD RECORDS

EVENT	NAME	TIME/DIST/HGT	YEAR
55 Meter Dash	Conor Collins	6.67	2014
55 Meter Hurdles	David Wynn	8.01	1996
200 Meter Dash	Matt Mitchell	23.3	2004
300 Meter Dash	Curtis Lyons	36.81	2019
400 Meter Dash	Luke Roberts	50.34	2020
600 Meter Run	Ryan Orr	1:22.23	2017
800 Meter Run	Will Phinney	1:55.43	2017
<b>1000 Meter Run</b>	<b>Andrew McCabe</b>	<b>2:34.62</b>	<b>2022</b>
<b>One Mile Run</b>	<b>Jackson Barna</b>	<b>4:06.93</b>	<b>2022</b>
<b>1600 Meter Run</b>	<b>Jackson Barna</b>	<b>4:06.27</b>	<b>2022</b>
2 Mile Run	Anthony Bellitti	9:44.20	2009
<b>3200 Meter Run</b>	<b>Jackson Barna</b>	<b>8:51.94</b>	<b>2022</b>
3000 Meter Run	Andrew Daly	9:23.07	2016
Shot Put	John Langhauser	59'6	2003
Pole Vault	Nick Giannone	14'6"	2013
	Alex Petric	14'6"	2020
Long Jump	Luke Roberts	21'1.25	2021
High Jump	Hamza Ahmed	6'4"	2013
Triple Jump	Tim Youtkus	43'7"	2017
Shuttle Hurdle Relay	Phillips, Franzese, Jan, Jones	32.8	2007
800 Meter Relay	Jurewicz, Claps, Marano, Collins	1:33.40	2014
1600 Meter Relay	Kisker, Sargen, Vicente, Roberts	3:25.80	2020
<b>3200 Meter Relay</b>	<b>Doran, McCabe, Barna, Kisker</b>	<b>7:42.89</b>	<b>2022</b>
<b>Distance Medley</b>	<b>McCabe, Doran, Kisker, Barna</b>	<b>9:53.40**</b>	<b>2022</b>
Sprint Medley	Pratt, Wallis, Dougherty, Gibson	3:44.02	1998

\*\*National High School Record

Winter Track & Field				
Team Records				
Indoor Track Mountain Valley Conference		Somerset County Championship		
2003	2004	2019	2020	<b>2022</b>
Skyland Conference Championship		State Sectional Team Championships		
2020	<b>2022</b>	2015	2019	2020
All-Americans:				
<b>4x800</b>	<b>Patrick Doran, Andrew McCabe, Jackson Barna, James Kisker</b>	<b>7:42.89</b>	<b>2022</b>	<b>1st Place</b>
<b>DMR</b>	<b>Andrew McCabe, Patrick Doran, James Kisker, Jackson Barna</b>	<b>9:53.40</b>	<b>2022</b>	<b>1st Place (National HS Record)</b>
4x800	Alex Sargen, Luke Roberts, Will Pinto, Ryan Lindrud	7:47.23	2019	5th Place
State Champions:				
4x800	Ryan Lindrud, Alex Sargen, Will Pinto, Luke Roberts	7:56.49	2019	Meet Of Champions
Shot Put	John Langhauser	56-03.75	2003	Meet Of Champions
Group Champions				
<b>1600 Meter Run</b>	<b>Jackson Barna</b>	<b>4:06.27</b>	<b>2022</b>	<b>Group 4</b>
1600 Meter Run	Ricky Gibson	4:23.80	1998	Group 1
800 Meter Run	Ricky Gibson	1:59.14	1997	Group 1
Sectional Champions				
<b>1600 Meter Run</b>	<b>Jackson Barna</b>	<b>4:09.96</b>	<b>2022</b>	<b>North 2 Group 4 Section</b>
3200 Meter Run	Jackson Barna	9:33.71	2020	North 2 Group 4 Section
3200 Meter Run	James Glockenmeier	9:44.21	2019	North 2 Group 4 Section
1600 Meter Run	Ryan Lindrud	4:24.32	2019	North 2 Group 4 Section
800 Meter Run	Will Phinney	1:58.28	2017	North 2 Group 4 Section
1600 Meter Run	Andrew McGowan	4:31.03	2015	North 2 Group 4 Section
Pole Vault	Will Phinney	11-06.00	2015	North 2 Group 4 Section
3200 Meter Run	James Murphy	9:46.21	2013	North 2 Group 4 Section
1600 Meter Run	Tyler Gibbons	4:24.65	2012	North 2 Group 4 Section
Pole Vault	Ryan Hellings	11-00.00	2008	North 2 Group 4 Section
Pole Vault	Chris Giannone	11-00.00	2008	North 2 Group 4 Section
Meet of Champions Medalist:				
<b>3200</b>	<b>Jackson Barna</b>	<b>8:51.94</b>	<b>2022</b>	<b>2nd Place</b>
<b>800</b>	<b>Andrew McCabe</b>	<b>1:55.88</b>	<b>2022</b>	<b>5th Place</b>
4x800	Alex Sargen, James Kisker, Will Pinto, Luke Roberts	7:49.51	2020	2nd Place
400 Meter Dash	Luke Roberts	50.34	2020	6th Place
4x400	James Kisker, Alex Sargen, Jake Vicente, Luke Roberts	3:25.80	2020	8th Place
4x800	Ryan Lindrud, Alex Sargen, Will Pinto, Luke Roberts	7:56.49	2019	1st Place
4x800	Ryan Lindrud, Alex Sargen, Brett Asay, Amil Khattar	8:08.13	2018	5th Place
800 Meter Run	Will Phinney	1:57.08	2017	6th Place
4x800	Brett Asay, Pat Bayeux, Tommy Martinson, Ryan Orr	8:08.94	2017	5th Place
Pole Vault	Nick Giannone	14-06.00	2013	6th Place
3200 Meter Run	Tyler Gibbons	9:27.50	2012	6th Place
Shot Put	John Langhauser	56-03.75	2003	1st Place
1600 Meter Run	Ricky Gibson	4:20.55	1998	2nd Place
800 Meter Run	Ricky Gibson	1:57.90	1997	6th Place